



Contact us

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From the President: President's Report U3A 29th October 2015

In March 2012 the Shire held a meeting with about 30 people to discuss the possibility of forming a branch of U3A in Margaret River. As a result of this meeting and with a donation from the Shire, a steering committee led by Margaret Auld was formed. Incorporation followed and in July 2012 we held our first semester of courses and monthly events.

Membership has grown over the 4 years from 30 to 134 current members - the third largest group outside of Perth! The heart of our success has been our fabulous program of courses, which has expanded from the 6 offered in July 2012 to 12 and 14 each semester in 2015. These courses would not be possible without our wonderful tutors, some of whom have offered multiple courses!

This is a time for "thank yous", for the last 4 years and the ones to follow. So, thank you to:

- The AMR Shire, for initial support and ongoing assistance with advertising and venues.
- Lotterywest for its start-up grant.
- The MR Education Campus for venue hire and office space.
- Steve Dean, our patient auditor.
- All our tutors!
- Margaret Auld; driving force, first President and now a Life Member.
- Sandra Anne Lewis, past President (and Treasurer and Secretary – sometimes all at the same time!)
- Lyn Hellier, programmer and organizer extraordinaire.
- Jo Jennings, fabulous Monthly Events organizer.
- Anne del Fante; Treasurer and Excel expert.
- Mitzie Vermote for manning the office and making it a welcoming place to visit.
- Francesca Neylon and Peta Goodwin for helping produce the newsletter.
- Paula Cristoffanini for her help dealing with Telstra and website mysteries.
- Luba Sanderson, Linda McKellar and Barry Dufall for being willing and available and the partners of the council who regularly offer extra pairs of hands.

A special thank you to Carole Orchard, a member since day one, who has taken on almost every position at some time. She has resigned many times but continues to support us in any way she can when in town.

And to everyone who has EVER nominated for Council, the biggest thank you!

I must confess that other than advice I had that I was to be "the peacemaker", I had no idea of what being a President entailed. It is in the spirit of lifelong learning that I jumped into the abyss of not knowing and the risk of looking foolish. I have seen myself and others grow in confidence in what they can achieve, newcomers in town welcomed into new friendships, people discovering new passions and others signing up to experience something new. At every course I attend there is always great enthusiasm and much laughter. I know U3AMR will continue to thrive due to the wonderful people that make up its heart – you – the members.

Nirala Hunt
President 2015

AGM and BIRTHDAY PARTY

The combined AGM and U3A birthday party was attended by 40 members. A good time was had by all and guests were treated to some light entertainment by Felicity and Nirala...oh, sorry, NOT singing, SPEECHING...



New Council members were elected:

Anne del Fante, Jo Jennings, Gail McMahon, Ginn Fourie, Jan Macauley and Margaret Leggott

and Council positions (or some of them) assigned:

President: vacant

Programming: Anne del Fante

Secretary: Gail McMahon

Treasurer: Ginn Fourie (eyes right for more...)

Monthly Events: Jo Jennings

Web Master: vacant

Newsletter: Peta Goodwin



INTRODUCING...Ginn Fourie

Ginn is a newcomer to both U3A and to Margaret River. She arrived in Australia just this year and has set up a studio (Kodo) at Boranup Forest retreat, 422 Sebbes Road, which opened this month. Ginn is a practitioner of remedial massage, stone massage, spinal alignment and QEC.

QEC (Quantam Energy Coaching)

Quantam physics suggests that over 90% of our behavior is controlled by the subconscious and since we all have beliefs in our subconscious that no longer serve us, our longings for a fulfilled life may be frustrated. QEC uses an uncomplicated *mind-body-spirit* practice to introduce new, positive beliefs into the subconscious to replace the old beliefs and this has a dramatic effect in reducing anger, frustration, depression, anxiety and/or the sense of meaninglessness.

Ginn is offering a special deal to all U3A members for the months of November and December 2015.

25% off your first treatment

By appointment only.

Please call or SMS (preferable)

Ginn on 0474 069 082

Email: fourieginn@gmail.com

Welcome to Margaret River and to U3A Ginn!

"It is the highest privilege to be of service"



News flash...

“Yet another computer implodes in what is believed to be becoming an epidemic. Experts suspect that the cause of the imploding computers is stress caused by the computers having to increasingly engage with Senior Australians who do not understand their needs or speak their language. It has also been mooted that a lack of trust in the abilities of computers to perform by these same Seniors could be a contributing factor... “

Story Telling Lunch

Margot generously hosted a lunch to mark the end of her Storytelling course this year.

Under the magnificent Zani Place fig tree, participants enjoyed wonderful food and shared stories (well, what else?) on a sunny Monday.



Christmas Party!!! Christmas Party!!! Christmas Party!!!

Sunday December 13, 4-7pm

Adinfern Winery (south of Cowtown on Bussell Highway)

R.S.V.P. by December 8 for catering

admin@u3amr.org.au or 0498 588 175 or at office

PUT IT IN YOUR DIARY NOW!

Wine available for purchase at the venue.